

CPR & AED

Courses on cardiopulmonary resuscitation (CPR) provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen. All include training in the use of an automated external defibrillator (AED).

Courses offer training suitable for workplace or general interest. Includes the latest CPR guidelines.



Duration

4-6 hours. Flexible scheduling options.

Instructor

Red Cross First Aid Instructor or Instructor Trainer

Completion Requirements

100% attendance, skills demonstration, and 75% min. passing grade on written exam

Certification

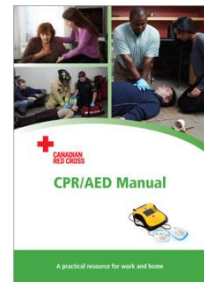
3-year certification in CPR Level A, C, or HCP and AED

Recertification

Where provincial/territorial legislation allows; 4 hours; includes CPR Level C

Course Content

- > Preparing to respond
- > The EMS system
- > Check, Call, Care
- > Airway emergencies
- > Breathing and Circulation emergencies
- > First aid for respiratory and cardiac arrest



Includes any other content required by specific legislation

Take Home Materials

Red Cross First Aid & CPR Manual
Certification card and optional wall certificate
(or as required by legislation)



Impact Training & Consulting

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